





# Leadership Weekend **WORKSHOP**

**PLAY. LAUGH. GROW. LIVE. LEAD**

White Bear Foundation is dedicated to providing our innovative and motivational workshops and programs for children and pre-teens.

Through play, fun, and educational games, the workshop aims to build self-esteem, resilience and confidence. Workshops are held in a supportive, safe environment and provide young people with the self-management tools to deal with the ups and downs of school years and beyond. The results are tangible and children leave feeling happy, fulfilled and positive about themselves.

*Weekend workshops include:*

-  **Self-esteem awareness activities**
-  **Confidence building games**
-  **Communication/leadership sessions**
-  **Lessons in life skills/building resilience**

Our next workshop:

**WHEN**

**WHERE**

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**WHITEBEARFOUNDATION.COM.AU**

**“IT TAKES A VILLAGE  
TO RAISE A CHILD”**

