

**HEYSEN TRAIL HIKE – SPONSORSHIP FORM**

*On April 26, 2024 I will commence hiking the 1,200km Heysen Trail in South Australia with Garry Thompson. We will be leaving from Parachilna Gorge in the Flinders Range finishing at Cape Jervis. I have chosen to do this hike to create awareness for the White Bear Foundation, as well as supporting an amazing man Hugo Toovey who is an ambassador for “Gotcha for Life and “Movember”. Hugo was a very close friend to my son Peter both served and studied together at Australian Defence Force Academy.*

*It will take approximately 8 ½ weeks for us to complete the hike, where we will be carrying between 16 – 20 kg each day, this includes clothing, cooking utensils, sleeping equipment, tent, as well as a weeks supply of food between restocking.*

*We have been training now for 12 months, hiking most weeks over 30km, and as it gets closer to the time it will be up to 50km, up and down Mt.Coo-tha, or other various challenging terrains.*

***We are asking for your sponsorship, so the White Bear Foundation can continue to make a difference in our community and the lives of our children.***

*The White Bear Foundation conducts Leadership Weekend Workshops for children aged 7 to 12. In the workshop children learn effective communication skills, how to deal with bullying, building self-esteem and becoming more resilient, all under the umbrella of leadership. What the children learn in the workshops supports them not only now, but for future years and beyond.*

***SPONSORSHIP DETAILS***

*Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

***Option 1)*** *Sponsorship Donation (Once Only): $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

***Option 2)*** *Sponsorship Donation (Per Kilometer): $\_\_\_\_\_\_\_\_\_\_\_ (x 1,200km) = $\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Sponsors choosing* ***Option 2,*** *we will contact you on return from the hike. Donations can be made through the White Bear Foundation Website:* [*https://whitebearfoundation.com.au/donate/*](https://whitebearfoundation.com.au/donate/)

***THANK YOU FOR YOUR SUPPORT!***