





Leadership Weekend WORKSHOP

PLAY. LAUGH. GROW. LIVE. LEAD

White Bear Foundation is dedicated to providing our innovative and motivational workshops and programs for children and pre-teens.

Through play, fun, and educational games, the workshop aims to build self-esteem, resilience and confidence. Workshops are held in a supportive, safe environment and provide young people with the self-management tools to deal with the ups and downs of school years and beyond. The results are tangible and children leave feeling happy, fulfilled and positive about themselves.

Weekend workshops include:

-  **Self-esteem awareness activities**
-  **Confidence building games**
-  **Communication/leadership sessions**
-  **Lessons in life skills/building resilience**

Our next workshop:

WHEN

WHERE

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**“ IT TAKES A VILLAGE
TO RAISE A CHILD ”**

