



**PLAY. LAUGH. GROW. LIVE. LEAD**

## **LEADERSHIP WEEKEND WORKSHOPS**

The White Bear Foundation is dedicated to providing innovative programs for children.

The weekend workshop includes:

-  **SELF-ESTEEM AWARENESS ACTIVITIES**
-  **CONFIDENCE BUILDING GAMES**
-  **COMMUNICATION & LEADERSHIP SKILL SESSIONS**
-  **LESSONS IN LIFE SKILLS**

Through play, fun, and educational games, the workshop aims to build the self-esteem and confidence of pre-teenage children.

Workshops are held in a supportive and safe environment and provide young people with the self-management tools to deal with the ups and downs of school years and beyond. The results are tangible and children leave feeling happy, fulfilled and positive about themselves.

Maria Bach—workshop presenter and facilitator—is assisted by dedicated and accomplished colleagues.

With over thirty-five years of experience, Maria's expertise lies in professional development, leadership and personal coaching. As a parent Maria believes that effective communication and support needs to begin both at home and in the community.

**Next weekend workshop:**

